



Amazing Ahupua'a

Summer SNAP 2018, Week 9

August 6-10

Join us for an adventure-filled week of exploring the ahupua'a, a traditional Hawaiian land division extending from the uka (uplands) into the kai (sea). In Makiki Valley, part of the Waikiki Ahupua'a, we'll encounter native and introduced plants utilized by Hawaiians, a restored lo'i (taro patch), and many ancient rock terraces once used for growing food. On our trip to the ahupua'a of Moanalua, we'll learn about the area's rich hula history and search for native aquatic life in Moanalua stream. We'll work hard when we visit the Lo'i 'O Kanehewai in Mānoa Valley, also in the Waikiki Ahupua'a, pulling weeds and learning about the important role of kalo in Hawaiian culture. For a view of the entire Waikiki Ahupua'a, we'll spend a day hiking to Pu'u 'Ualaka'a (Roudtop). All week long, we'll play Hawaiian games, make nature crafts, and find ways to take care of the land and sea. In everything we do, we'll practice laulima (teamwork), aloha (respect, compassion), and mālama 'āina (caring for the land). These important values promoted sustainable living in the past and can help shape a bright future.

Schedule:

Mon, Aug 6th Introduction to the Ahupua'a – Discoveries in Makiki Valley: The week begins with an introduction to concept of the ahupua'a followed by an exploration of Makiki Valley as we discover plants used for food, medicine, and clothing, rock terraces used for cultivation, and caves used for shelter. Along the way, we'll search for insects in the forest and aquatic life in the stream.

Tues, Aug 7th Culture and Environment – Field Trip to Moanalua Ahupua'a: A day in Kamananui Valley in search of petroglyph rocks along the trail and 'o'opu (goby fish) in the freshwater stream, along with outdoor games in the valley park. **Please wear hiking shoes and clothes that can get muddy; bring rain jacket (or trash bag), extra clothes, a towel, and a plastic bag for muddy shoes. Bus leaves at 9:00am!*

Wed, Aug 8th Work and Play, Hawaiian Style – Games and Adventures in Makiki: Today we'll play a variety of Hawaiian games, make Hawaiian crafts, and explore the nearby meadow to catch grasshoppers, moths, and other meadow creatures.

Thurs, Aug 9th Following the Flow and Exploring Taro Patches – Field Trip to Lo'i 'O Kanehewai: A day of giving back to the land in Mānoa Valley. As we work in a taro patch, we'll observe the wise use of freshwater in the Waikiki Ahupua'a and see first-hand how the natural flow of the stream supports a healthy agricultural system. **Please wear hiking shoes and clothes that can get muddy; bring rain jacket (or trash bag), extra clothes, a towel, and a plastic bag for muddy shoes. Bus leaves at 9:00am!*

Fri, Aug 10th Lessons from the Past – All-Day Hike to Pu'u 'Ualaka'a: To conclude the week, we'll hike to Pu'u 'Ualaka'a State Park for a view of the entire Waikiki Ahupua'a. Along the hike, we'll learn about the importance of a healthy forest for perpetuating Polynesian voyaging traditions and ensuring our supply of freshwater. The day ends with a canoe-building craft as a reminder of the lessons we can learn from the past to live more sustainably in the present and future.